

5.1.2

**Detailed report of the
capacity enhancement
programs and other
skill development
schemes
2022-2023**



SANTHIRAM MEDICAL COLLEGE

NANDYAL-518501, A.P

Academic year 2022-23

SL No:	Name of the Capacity Enhancement Program	Date	No: of Students enrolled	Name of the agency/ Facilitator involve with contact number
1.	Effective Time management	12/07/2022	150	Dr. P.S.N. Murthy
2.	Dissertation Writing	28/07/2022	45	Dr. Musthaq Pasha
3.	Food & Health- Choose Right, Choose wise, Choose Life	13/09/2022	158	Dr. B. Indumathi
4.	Pharmacovigilance	22/09/2022	158	Dr. Anjaly Mary Varghese
5.	Research Methodology	26/10/2022	45	Dr. Rokkam Kishore Kumar
6.	How to handle Stress	17/11/2022	150	Dr. O. Sindhuja
7.	Doctor and Patient Communication- Principles and Precautions	09/01/2023	150	Dr. Z. Naveen Kumar
8.	ECG- basics & Interpretation	15/03/2023	93	Dr. B. Sarath Kumar Reddy
9.	Ethics and Professionalism	04/04/2023	158	Dr. B. V. Rajeswari
10.	Benefits of Yoga	21/06/2023	60	Sekhar Master


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SRMC/CEP/2022-23/01

Dt: 20.10.2022

CIRCULAR

This is to inform all the 1st MBBS students of 2021 batch to attend the following human value enhancement programme on **12/07/2022**.

Topic: Effective time management

Speaker: Dr. P S N Murthy, Professor of Psychiatry

Venue: Lecture Gallery-1

Time: 02:00 pm - 03:00 pm.


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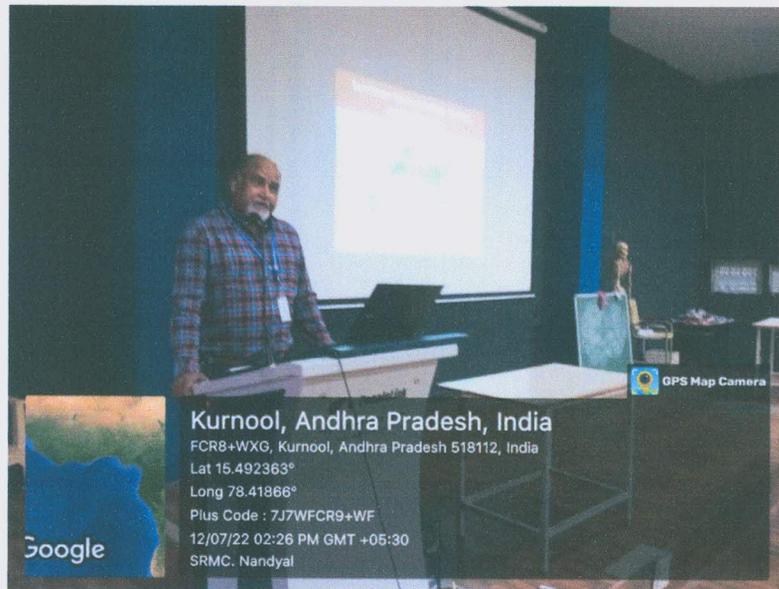


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Report

A human value enhancement programme on Effective Time Management was conducted on 12/07/2022. Dr.P.S.Murthy, Professor and HOD of Dept of Psychiatry was the speaker for the above session. 150 students of 1st MBBS attended the program and learned that being good at time management involves conscious planning and thoughtful decision making. Students were divided into groups and discussed defects in time management and consequences and were rectified by the speaker.



Dr.P.S.N. Murthy delivering lecture on Effective time management


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SRMC/CEP/2022-23/02

Dt: 20.07.2022

CIRCULAR

This is to inform all the 1st Year PG students of 2022 batch to attend the following professional development programme on 28/07/2022.

Topic: Dissertation Writing

Speaker: Dr. Musthaq Pasha,
Professor & HOD of Community Medicine

Venue: Lecture Gallery-3

Time: 12:00 pm - 01:00 pm.

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Report

A professional development program lecture on Dissertation Writing was organized for 1st Year Post graduate students on 28/07/2022. The session was taken up by Dr. Musthaq Pasha, the Professor & HOD of Community Medicine SRMC, Nandyal. The NMC and Dr YSR University PG course guidelines and dissertation process was discussed in depth. Around 45 PG students were present and were active and interactive during the session.



Dr. Musthaq Pasha talking on Dissertation Writing


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2SRMC/CEP/2022-23/03

Dt: 10/09/2022

CIRCULAR

This is to inform all the UG/ PG students and staff to attend the following Wellness program lecture on 13/09/2022.

Topic: Food & Health- Choose right, Choose wise, Choose Life

Speaker: **Dr. B. Indumathi**
Dept of Biochemistry, SRMC, Nandyal.

Venue: Lecture Gallery-1

Time: 02:00 - 03:00 pm.

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3. All UG/ PG hostel notice boards


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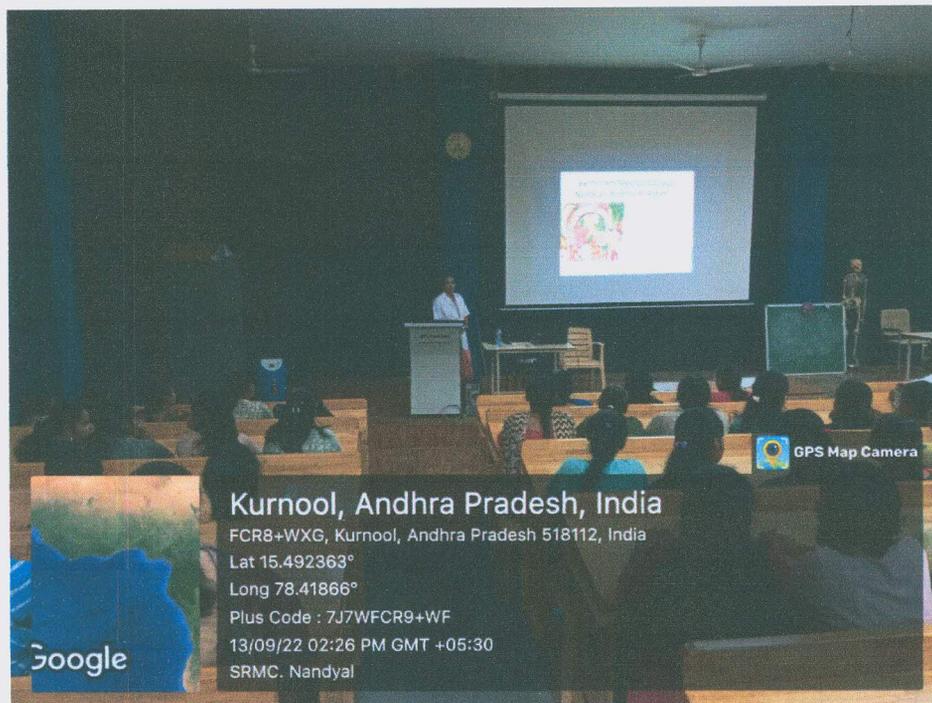


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Report

The speaker, Dr. B. Indumathi, Assistant Professor of Dept of Biochemistry spoke about the health benefits of eating right and balance diet. She also talked about the diseases caused due to malnutrition. A healthy diet can help protect against chronic diseases like cancer, heart disease, and diabetes, and can help you live longer. Eating a variety of foods from each of the five food groups daily, in the recommended amounts, can help you maintain a steady weight and keep your skin, teeth, and eyes healthy. It can also support your muscles, boost your immunity, strengthen your bones, and help the digestive system function. The coordinator concluded the meetings with the vote of thanks. 158 Students of 2nd MBBS attended the meeting and was really application oriented for health and whole life



Dr. Indumathi speaking on Food & Health- Choose right, choose wise, Choose Life


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SRMC/CEP/2022-23/04

Dt: 20.10.2022

CIRCULAR

This is to inform all the 2nd MBBS students of 2021 batch to attend the following analytical skill enhancement programme on **22/09/2022**.

Topic: Pharmacovigilance

Speaker: Dr. Anjaly Mary Varghese
Asst Prof, Dept of Pharmacology &
Deputy Coordinator of Adverse Drug Reaction Monitoring Centre, SRMC.

Venue: Lecture Gallery-1

Time: 02:00 pm - 03:00 pm.


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Report:

The analytical skill enhancement session began with the prayer song. The distinguished speaker of the day, **Dr. Anjaly Mary Varghese** is the Deputy Coordinator of Adverse Drug Reaction Monitoring Centre, SRMC. She spoke about Pharmacovigilance, also known as drug safety, as the science of detecting, assessing, understanding, and preventing adverse effects of medicines and vaccines. The speaker educated that it is a key public health function that involves monitoring the safety of medicines and taking action to reduce risks and increase benefits. She also asked the participants to make good use of this topic which is booming at this hour. All doctors are eligible to report Adverse drug reactions to any drugs. About 158 participants attended this program.



Dr. Anjaly Mary Varghese speaking on the Pharmacovigilance.


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SRMC/CEP/2022-23/05

Dt: 20.10.2022

CIRCULAR

This is to inform all the 1st year PG students of 2022 batch to attend the following personality enhancement programme on **26/10/2022**.

Topic: Research Methodology

Speaker: Dr. Rokkam Kishore Kumar
Associate Professor of Psychiatry

Venue: Lecture Gallery-1

Time: 02:00 pm - 03:00 pm.

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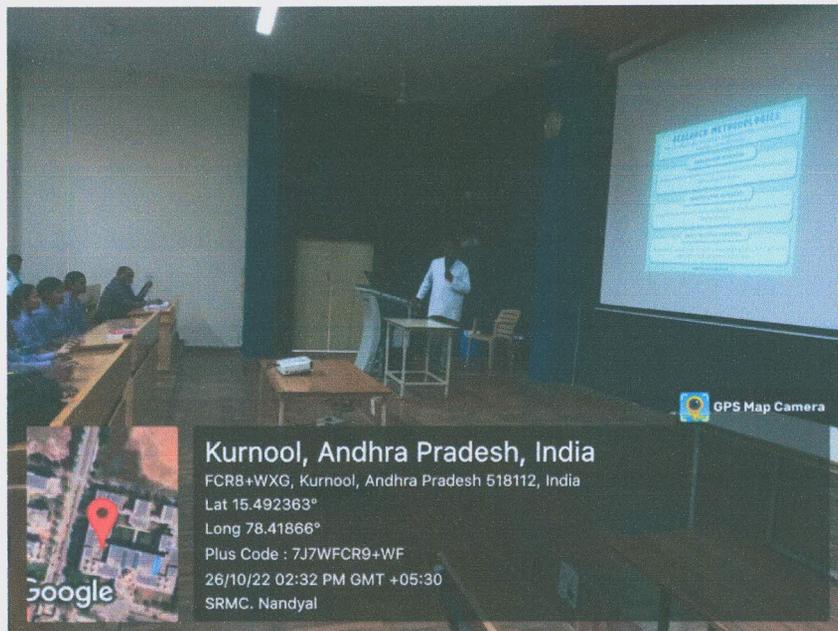


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Report

The session began with the prayer song by the students. The speaker was introduced by the program coordinator. The speaker was Dr Rokkam Kishore Kumar, Associate Professor, dept of Psychiatry. The students learned the definition of Research methodology as a set of techniques and procedures for identifying, selecting, processing, and analyzing information about a topic. The methodology section of a research paper helps readers evaluate the study's validity and reliability. Now a days, research has more importance and all students must know what are the different methods to collect the data, how to choose the topic, what are the drawbacks in the existing selected topic. A total of 45 students participated in this session. The session came to an end by with vote of thanks




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SRMC/CEP/2022-23/06

Dt: 03.11.2022

CIRCULAR

This is to inform all the 1st MBBS students of to attend the following Wellness session on 17/11/2022.

Topic: How to handle Stress
Speaker: Dr.Omkaram .Sindhuja. MD Psychiatry
Venue: Lecture Gallery-1
Time: 02:00 pm - 03:00 pm.


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Report

An AETCOM session was conducted on the topic “How to handle Stress” on 17/11/2022. The speaker was Dr. O. Sindhuja, a young budding Psychiatrist, Santhiram Medical College, Kurnool. 1st year medical students learned about the stress coping mechanisms and how sharing with peers and parents is actually caring for our mental health. Around 150 students attended this session and it was extremely useful to them.



Dr.O.Sindhuja delivering talk on “How to handle Stress” to 1st year MBBS students


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SRMC/CEP/2022-23/07.

Date: 04.01.2023

CIRCULAR

This is to inform all the 1st MBBS students of 2022 batch to attend the following communication skill enhancement programme on **09/01/2023**.

Topic: Doctor and Patient Communication- Principles and Precautions

Speaker: Dr. Z Naveen Kumar.

Asst Professor of Physiology, SRMC, Nandyal.

Venue: Lecture Gallery-1

Time: 03:00 pm - 04:00 pm.


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Report

A communication skill enhancement programme was conducted for 1st MBBS students (2022 Batch) on the topic “Doctor and Patient Communication- Principles and Precautions” on 09/01/2023. The speaker was Dr. Naveen Kumar. Asst Professor Dept of Physiology. The program was a largely interactive wherein the new medical students learned about the “various models of doctor patient relationship” and the pros and cons of these models in depth. The students were given few clinical case scenarios for expressing and discussing their view on the expectations and reality of patient’s perception on doctors and vice versa. A good number of 150 students attended the meeting.



Dr. Z Naveen Kumar delivering talk on Doctor and Patient Communication


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SRMC/CEP/2022-23/08

Dt: 02.06.2022

CIRCULAR

This is to inform all the final MBBS students batch to attend the following analytical skill development programme on **15/03/2023**.

Topic: ECG -Basics and interpretation

Speaker: Dr. B. Sarath Kumar Reddy. MD General Medicine
Associate Professor, Dept of General Medicine, SRMC.

Venue: Lecture Gallery-1

Time: 02:00 pm - 03:00 pm.

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A skill enhancement programme on Electrocardiogram (ECG) -Basics and interpretation was conducted on 15/03/2023. Dr. B. Sarath Kumar Reddy, Associate Professor of General Medicine was the speaker invited for the above session. 150 students of 1st MBBS attended the program and were allured by the charm of medicine in protecting human life just by identifying ECG waves and variability in cardiac electrical conduction. Students were divided into groups and discussed few normal and abnormal ECG cases.



Dr. B. Sarath Kumar Reddy delivering talk on ECG


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SRMC/CEP/2022-23/09

Dt: 01.04.2023

CIRCULAR

This is to inform all the 2nd MBBS students of to attend the following Professional development program on 04/04/2023.

Topic: Ethics and Professionalism

Speaker: **Dr. B.V.Rajeswari,**
Associate Professor of Pathology,
Vishwabharathi Medical College, Kurnool.

Venue: Lecture Gallery-1

Time: 02:00 pm - 03:00 pm.


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Report

A Professional development program was conducted on the topic “Ethics and Professionalism” on 04/04/2023 for 2nd MBBS students. The speaker was Dr. B.V.Rajeswari, Associate Professor of Pathology, Vishwabharathi Medical College, Kurnool. The speaker was introduced the gathering by the program coordinator. Medical students learned about the four basic ethical principles include autonomy, beneficence, justice, and non maleficence (Do No Harm). Additional three C’s- confidentiality, consent, capacity are the other important principles of bioethics to be safeguarded. Around 158 students attended this session and it was extremely useful to them.



Dr. B.V.Rajeswari delivering guest lecture on “Ethics and Professionalism”


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SRMC/CEP/2022-23/10

Dt: 20.06.2023

CIRCULAR

This is to inform all the UG/ PG students and staff to attend the following Yoga and Wellness programme on **21/06/2023**.

Topic: Yoga

Speaker: Sekhar Master,
Yoga Guru
Ramachandra Mission, Nandyal

Venue: Lecture Gallery-4

Time: 02:00 pm - 03:00 pm.

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Report:

The session started with the prayer song. The speaker was introduced to the participants. The speaker Master Shekar at first explained about yoga as the practice of yoga asanas develops strength and flexibility, while soothing your nerves and calming your mind. The asanas affect the muscles, joints and skin, and the whole body – glands, nerves, internal organs, bones, respiration and the brain. The physical building blocks of yoga are the posture and the breath.

Then, he gave a practical demonstration and asked all the participants to follow the same. All the participants took part actively and the response was very good which was in the form of feedback. The students asked such programs to be conducted more frequently. The total number of students who have taken part are about 60. The session came to end by presenting vote of thanks.



Sekhar Master explaining about the benefits of Yoga


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Volunteers participating in demonstration of Yoga

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