



TRAINING PROGRAMS

1. GUIDANCE FOR PREPARATION FOR COMPETITIVE EXAMS (NEET PG)

Career guidance provides individuals with the necessary information and resources to make informed decisions about their career paths. Career guidance can help students understand their strengths, weaknesses and interests, and provide them with a clearer picture of the career paths available to them. This can include information on different industries, job roles, and the skills and qualifications required to succeed in a given field.

Giving young people the tools and knowledge to plan for their future is a primary goal of education. With this goal in mind, career development awareness seminars will be organized by the Management of SRMC Medical College in the Campus. Eminent speakers in the medical field will be invited for such programs and are instant boosts to the internees and UG students. The Alumni association of this college also has greater role to play in these activities.

Some benefits of career guidance include:

1. Helps individuals discover their interests, skills, and values
2. Provides insight into different career options and industries
3. Assists individuals in setting and achieving career goals
4. Offers guidance on education and training opportunities
5. Helps individuals navigate job search and application processes
6. Supports individuals in overcoming obstacles and challenges in their careers

The aspirants will come to know

- Exam syllabus
- Topics/subjects you are confident about
- Topics that you need to revise
- Topics you need to prepare from scratch
- You can practice the technique of spaced revision to maximize your potential to remember.
- balance learning and revising
- MCQ practice- a fantastic tool for evaluating your preparations and identifying the strong and weak points.
- To evaluate your preparation and understand how to improve, take SWT (subject-wise tests).
- To take tests in timed, un-timed, and exam-based scenarios.



SANTHIRAM MEDICAL COLLEGE

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2. CAREER COUNSELLING SESSIONS

Career counselling is a service that helps people begin, change, or advance their careers. It can include one-on-one conversations between a counsellor and a career seeker, as well as assessments, activities, and projects designed to help career seekers make the most of their strengths.

Education is life but to make life successful, we need to know the right information and move in the right direction at the right time. With this goal in mind, Career development seminars are regularly conducted on our campus. Our students will be enlightened about scope and job opportunities for the young doctors in India and Internationally. The alumni NEET qualifiers of Santhiram Medical College also play a pivotal role in counselling the students in shaping their future.

One important aspect of career counselling for medical students is also helping them manage stress and burnout, as the intense and demanding nature of medical training can take a toll on their mental and emotional well-being.

Career counselling for medical students can provide several benefits, including:

1. Helping students clarify their career goals and interests within the medical field.
2. Providing guidance on residency programs, specialty choices, and job opportunities.
3. Assisting students in creating a personalized career plan and timeline.
4. Offering support with CV/resume building, interview skills, and networking.
5. Addressing any concerns or fears related to the medical profession and providing resources for stress management and self-care.

Career counselling for medical students involves

- Assisting them in exploring various career options within the field of medicine,
- Helping them identify their strengths and interests
- Providing guidance on making informed career decisions.
- Discussing different specialties, residency programs, fellowship opportunities, as well as the lifestyle and demands associated with each career path.

The various programs conducted by the institute include

1. Crack with knack- how to prepare NEET PG Exams
2. What next after MBBS- Career Guidance
3. Guidance for preparing for NEET PG
4. Career Guidance- Choosing the right stream
5. How to crack –NEET PG Exams
6. Cracking NEET PG Exams
7. Career options in Medicine